

PEDIASURE GUIDANCE / OTHER FORMULA, BABY FOOD, AND COW'S MILK ISSUES

Pediasure Guidance

Pediasure provides additional calories for children with food restrictions and additional dietary support for children with lactose and gluten intolerance. WIC can provide 1-3 bottles of vanilla-flavored Pediasure per day for children aged 1-5 years of age.

Referrals for Pediasure must have a medical diagnosis, including, but not limited to:

- Failure to thrive**
- Under weight**
- Inadequate weight gain or poor weight gain**
- Dysphagia**
- Food aversion/issues with food texture affecting intake**
- Developmental delay**
- Down syndrome**
- Chronic medical condition leading to inadequate intake**
- Celiac disease**
- Cleft palate: surgery still pending**

Please note: Pediasure cannot be provided for 'picky eating' since it is not a medical diagnosis. If you have a patient who may be considered a "picky eater" you may refer them to one of our registered dietitians or degreed nutritionists who are able to provide individualized nutrition counseling to improve their intake.

Please see our section on "Picky Eating" [here](#).

Other formula, baby food, and cow's milk issues

Formula and baby food issues:

Adjustments to formula or baby food with a valid medical diagnosis can be made using the [Pediatric referral form](#).

For infants 6-12 months, WIC can issue increased formula with no baby food with a prescription

For children 1 year of age and older:

- WIC can issue infant formula and baby food with a prescription
 - WIC does not provide toddler formulas
- WIC cannot issue whole or 2% milk to children aged 2 years and older even with a prescription

Cow's milk issues:

One-year old children receive whole milk. Children 2-5 years old receive non-fat or 1% milk. WIC cannot issue whole/2% milk to any participant over the age of two years even with a prescription

Soy milk and Lactaid milk are offered as alternatives to cow's milk - no prescription is needed for these items.